Course Title: Introduction to Self Psychology: Theory

Instructor: George Hagman, LCSW

**March 10: Overview of Kohut’s Self Psychology**

LESSEM, P.A. (2005). The reformulation of the concept of narcissism. In *Self Psychology: An Introduction.* Aronson, pp. 11-23.

KOHUT, H. (1979). Disorders of the Self and Their Treatment: An Outline, *IJPA 59: 413-425.*

**March 17: Selfobject Experience.**

LESSEM, P.A. (2005). The self and selfobject concepts. In *Self Psychology: An introduction.* Aronson. Pp. 26-50.

LITCHTENBERG, J., LACHMAN, & FOSSHAGE, J. (1992). The selfobject experience. In *Self and Motivational Systems: Towards a Theory of Psychoanalytic Technique.* Pp. 122-148*.*

**March 24: Vulnerability, Shame and Narcissistic Rage**

LESSEM, P.A. (2004). Self Psychology’s view of aggression. In *Self Psychology: An Introduction.* Aronson, Pp. 196-204.

KOHUT, H. (1972). Thoughts on narcissism and narcissistic range. *Psychoanalytic Study of the Child. 27: 360-400.*

**March 31: Affects and Self Objects**

LESSEM, P.A. (2005) Disturbances and disorders of self experience. In *Self Psychology: An Introduction.* Aronson. Pp 96-116/

STOLOROW, R., ATWOOD, G. & BRANDCHAFT, B. (1987). Affects and selfobjects. In *Psychoanalytic Treatment: An Intersubjective Approach.* The Analytic Press: Hillsdale, N.J.

**April 7: Severe Personality Disorders and Psychotic States**

ADLER, G. (1989). The uses and limitations of Kohut’s Self Psychology in the treatment of Borderline patients. *JAPA, 37: 761-785.*

ORANGE, D., ATWOOD, G. & STOLOROW, R. (1997). Contexts of non-being: Varieties of the Experience of personal annihilation. In *Working Intersubjectivity: Contextualism in Psychoanalytic Practice.* Hillsdale, NJ: Analytic Press. Pp. 45-66.

**April 14: Infant Research and Intersubjectivity**

LESSEM, P.A. (2005) Intersubjectivity. In *Self Psychology: An Introductions.* Aronson. Pp. 169-181.

BEEBE, B. & LACHMANN, F. (2002). Three principles of salience. In *Infant Research and Adult Treatment:* *Co-constructing Interactions.* Hillsdale, NJ: Analytic Press, pp.185-208.

**April 21: Couples**

SHADDOCK, D. (2000). Hopes, Needs and Disappointments; The Selfobject dimensions of couples experience. In Contexts and Connections: An Intersubjective approach to Couples Therapy.

**April 28: Addiction**

ULMAN, R. & PAUL, H. (1989). A self-psychological theory and approach to treating substance abuse disorders: The “intersubjective absorption” hypothesis. In A. Goldberg, (ed), *Dimensions of Self Experience: Progress in Self Psychology, Volume 5.* Hillsdale, NJ, Analytic Press, 121-141.

**May 5: Trauma**

BRONBERG, P. (2006). “Something wicked this way comes:” Where psychoanalysis, cognitive science, and neuroscience overlap. In *Awakening the Dreamer: Clinical Journeys.*  Hillsdale, NJ. Analytic Press, Pp 174-202.

ULMAN, R. & BROTHERS, D. (1988). A Self Psychological Approach to the Analytic Therapy of the Trauma Patient. Chapter 6, *The Shattered Self.* The Analytic Press.

**May 12: Mourning and Bereavement**

HAGMAN, G. (2001). Beyond decathexis: Towards a new psychoanalytic Understanding and treatment of mourning. In Niemeyer, R. (ed.), *Meaning Reconstructing and the Experience of Loss.* Washington, D.C.: APA Press.

**May 19: New Directions**

SHORE, A. (2002). Advances in neuropsychoanalysis, attachment theory, and trauma research: Implications of self psychology. In Affect Regulation and the Repair of the Self. Norton: New York.