WCSPP – Comparative Psychoanalytic Theory from a Contemporary Clinical Perspective - Winter Trimester 2014

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This course examines five major orientations within contemporary psychoanalysis: classical, object relations, self psychology, interpersonal, and relational. Two classes will be spent on each orientation. In the first, we will study the theoretical constructs and in the second, we will apply these concepts to a **short** case write-up by 1-2 class member(s). The designated class member(s) will also create questions we will use in class as we apply the theory to the case. In the final class we will attempt to apply a multi-modal approach to a case. The overall goal will be to gain an understanding of how to apply the ideas under study to the clinical encounter.

#### *I. Classical Psychoanalysis*

###### Class 1. Fundamental concepts in classical theory

Pre-Class Readings

Mitchell & Black, chapter 1, Sigmund Freud and the Classical Psychoanalytic Tradition, 1-22

Mitchell & Black, chapter 7, Contemporary Freudian Revisionists: Kernberg, Schafer….., 170-187

**Class 2.** **Analyzing a case from a classical perspective**

Busch, F. & Schmidt-Hellerau, C. (2004), How can we Know what we need to Know? Reflections on Clinical Judgment

Formation, JAPA, 52: 689-707

***II. Object Relations theory***

**Class 3.** **Fundamental concepts in object relations theory**

Mitchell & Black, chapter 4, Melanie Klein and Contemporary Kleinian Theory, 85-111;

Mitchell & Black, chapter 5, The British Object Relations School: Fairbairn and Winnicott 112-134 (not 138)

**Class 4**. **Analyzing a case from an object relations perspective**

Ogden, T. (1994). The Analytic Third: Working with Intersubjective Clinical Facts, Int’l J of Psychoanalysis, 75: 3-19

### *III. Interpersonal theory*

###### Class 5. Fundamental concepts in interpersonal theory

Mitchell & Black, chapter 3, Harry Stack Sullivan and the Interpersonal Perspective, 60-84

Levenson, E. (1998). The Pursuit of the Particular, Contemporary Psychoanalysis, 24: 1-16

**\*\* Mid-semester course assessment – Discuss reactions to the course**

Class 6. Analyzing a case from an interpersonal perspective

Ehrenberg, D. (1992). The Intimate Edge, chapter 7, Constructive Use of Countertransference, 95-115

### *IV. Self Psychology*

**Class 7. Fundamental concepts in self psychology**

Mitchell & Black, chapter 6, Psychologies of Identity and Self, 149-169

Stolorow, Brandchaft, & Atwood (1985). Psychoanalytic Treatment: An Intersubjective Approach, chapter 5, Affects and

Selfobjects, 66-87 (excludes Erikson)

Class 8. Analyzing a case from a self psychological perspective

Kohut, H. (1979). The Two Analyses of Mr. Z.,Int’l J. of Psychoanalysis, 60: 3-27

### *V. Relational Theory*

**Class 9.** **Fundamental concepts in relational psychoanalysis**

Mitchell, S. (1988). Relational Concepts in Psychoanalysis, chapter 1, The Relational Matrix, 17-40

Bromberg, P.M. (2006), Potholes on the Royal Road: or is it an Abyss?, Awakening the Dreamer, chapter 5, 85-107

**Class 10. Analyzing a case from a relational perspective**

# Hoffman, chapter 8, Dialectical Thinking and Therapeutic Action, Ritual and Spontaneity in the Psychoanalytic Process*,*

# 193-217. Also in Psychoanalytic Quarterly (1994), pp 187-215.

#### *VI. Applying Multiple Perspectives to one Case*

#### Class 11. Analyzing one case from the five psychoanalytic perspectives

Silverman, D. (1986). A Multi-model Approach: Looking at Clinical Data from three Theoretical Positions, Psychoanalytic

Psychology, 3: 121-132

Pine, F. (2001). Listening and Speaking Psychoanalytically – with What in Mind?, Int’l J. of Psychoanalysis, 82: 901-916