**Psychoanalytic Listening Perspectives** Randi Roth, Ph.D.

Class 1: Please read **before** class

Paul, I.H., (1973), Letters to Simon on the Conduct of Psychotherapy, Ch. 14, 127-138

Akhtar, S. (2007), Listening to Others, Chapter 1, “The Listening Cure: An Overview, pp. 3-16

Schafer, R. (1983), The Analytic Attitude, “The Atmosphere of Safety: Freud’s “Papers on Technique”

New York, Basic Books, Ch. 2, 3-33.

Optional (and fun): Basescu, Sabert (19--), The Human Dimension in Psychoanalytic Practice, Grune & Stratton, Anxieties

In the Analyst: An Autobiographical Account, 153-163.

Class 2: Perspectives on Listening and Listening Perspectives:

Akhtar, S. ( 2013), Psychoanalytic Listening: Methods, Limits, and Innovations, Four Kinds of

Analytic Listening, Karnac Books, London, Ch. 1, 1-24.

Eagle, M. (2011), From Classical to Contemporary Psychoanalysis: A Critique and Integration, Conceptions of treatment in

Contemporary psychoanalytic theories: Therapeutic Goals and Analytic Stance, Ch. 9, 191-205. (Ch. 10 Optional)

Class 3: Listening with the Third Ear

Reik, T. (1948), Listening with the Third Ear: The Inner Experience of a Psychologist, N.Y.,

Grove Press, Ch.XV, The Third Ear, 144-157 AND Ch. XLIV, The Courage Not to Understand,

503-512.

Chodorow, N. (2012), Analytic Listening and the Five Senses: Introduction”, Journal of the American

Psychoanalytic Association, 60, 747-758.

Class 4: Listening “Without Memory or Desire”

Pariser, M. (2013), Brief Observations on Memory and Desire, Int. J. Psychoanal. Self Psychol., 8:129-132.

Rubin ,J.B. (2009), Deepening Psychoanalytic Listening: The Marriage of Buddha and Freud,

Am. J. Psychoanal., 69: 93-109.

Smith, H.F. (1995), Analytic Listening and the Experience of Surprise, International Journal of

Psychoanalysis, 76: 67-78.

Class 5: Listening to the Unconscious: Metaphors and Meanings

Adler, E. and Bachant, J.L., (1998), Working in Depth, New Jersey, London, Jason Aronson Inc.,

Ch. 6, Hearing the Unconscious, 173-190.

Lippmann, P. (1996 ), On Dreams and Interpersonal Psychoanalysis, Psychoanalytic Dialogues, 6: 831-846

Optional:

Siegelman, E. Y. , Metaphor and Meaning in Psychotherapy, The Therapist’s Metaphors, New York,

London, The Guilford Press, Ch. 6, 99-116 and 178-183.

Class 6: Listening Empathically

Schwaber, E. (2007), The Unending Struggle to Listen: Locating oneself Within the Other,

Listening To Others, Akhtar. S. ,19-39.

Schwaber, E., (1985), Reconstruction and Perceptive Experience: Further Thoughts on Psychoanalytic

Listening, Psychoanalytic Inquiry, 911-930

Class 7: Listening Within:

Ogden, T. (1997), Reverie and Metaphor: Some Thoughts on How I Work As A Psychoanalyst,

International Journal of Psychoanalysis, 719-732

Bollas, C. (1987), The Shadow of the Object , Expressive Uses of the Countertransference, Ch. 12,

200-235.

Fosshage, J.L. (1995), Countertransference as the Analyst’s Experience of the Analysand: Influence of

Listening Perspectives, Psychoanal. Psychol., 12:375-391.

Optional: Jacobs, T. (191)., The Use of the Self: The Analyst and the Analytic Instrument in the Clinical

Situation, Madison, CT. International University Press, 117-135.

Class 8: Listening to Listening

Faimberg, H. (1996 ), Listening to Listening, Int. J. of Psycho-Anal, 77:667-677.

Ogden, T. (1994), The Analytic Third: Working with Intersubjective Clinical Facts, Int. J. Psycho-Anal, 75,

3-17.

Chranowski, G. (1980), Reciprocal Aspects of Psychoanalytic Listening, Contemp. Psychoanal, 16:145-155.

Class 9: Listening in the Spaces:

Bromberg, Philip, (1994), “Speak! That I May See You: Some Reflections on Dissociation, Reality,

And Psychoanalytic Listening, Psychoanalytic Dialogues, vol 4: no.4: 517-545.

Stern, Donnell, (1997), Unformulated Experience: From Dissociation to Imagination in Psychoanalysis, Ch.2,

33-49.

Preston, Lynn, (2008), The Edge of Awareness: Gendlin’s Contribution to Explorations of Implicit

Experience, International Journal of Psychoanalytic Self Psychology, 3: 347-369

Class 10: Listening to Non-verbal Communication

Wallin, D. Non-verbal Experience, Attachment in Psychotherapy, New York & London, Guilford

Press, Ch. 8, 115-132.

Knoblauch, S. (1997), “Beyond the Word in Psychoanalysis: The Unspoken Dialogue”,

Psychoanalytic Dialogues, 7, 491-516

Sabbadini, A. (1992), “Listening to Silence”, The Scandinavian Psychoanalytic Review, 15: 27-36.

Class 11: Listening and Reflecting on Complexity

Maroda, K. (2002), No Place to Hide: Affectivity, The Unconscious, and the Development of Relational

Techniques”, Contemporary Psychoanalysis, 38:101-120

Lichtenberg, J. (1999), Listening, Understanding and Interpreting, Reflections on Complexity, The

International Journal of Psychoanalysis, 80, 719-737.

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