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Principles of Psychoanalytic Psychotherapy – Part II

WCSPP Winter 2013-2014

This course is will focus on unconscious processes as they are manifest in the treatment situation. Particular emphasis will be placed on transference and resistance. Weekly readings will be discussed in conjunction with students’ and instructor’s case material to highlight the article being discussion. The major goals of the course are for students to become aware of the manifestations of unconscious material in the session, to increase their understanding of the interaction between patient and therapist, to see how both patient and therapist contribute to the interaction and the meaning of what is communicated.

Papers that are available on PEP-WEB are so indicated. All other papers will be distributed in class.

Week 1: (Classical)

[Freud, S. (1912). The Dynamics of Transference. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works, 97-108.](http://www.pep-web.org/document.php?id=se.012.0097a&type=hitlist&num=0&query=zone1%3Dparagraphs%26zone2%3Dparagraphs%26author%3Dfreud%26title%3Dthe%2Bdynamics%2Bof%2Btransference%26sort%3Dauthor%252Ca#hit1)  (PEP)

[Freud, S. (1914). Remembering, Repeating and Working-Through (Further Recommendations on the Technique of Psycho-Analysis II). The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works, 145-156.](http://www.pep-web.org/document.php?id=se.012.0145a&type=hitlist&num=0&query=zone1%3Dparagraphs%26zone2%3Dparagraphs%26author%3Dfreud%26title%3Dremembering%2Brepeating%2Band%2Bworking%2Bthrough%26sort%3Dauthor%252Ca#hit1)  (PEP)

Week 2 (Classical/Object Relations)

Greenberg, J. and Mitchell, S. (1983) *Object Relations in Psychoanalytic Theory* (Chapter 2, Sigmund Frued: The Drive/Structure Model) Harvard University Press.

Greenberg, J. and Mitchell, S. (1983) *Object Relations in Psychoanalytic Theory* (Chapter 5, Melanie Klein) Harvard University Press.

Week 3 (Object Relations)

[Winnicott, D. W. (1965). Ego Distortion in Terms of True and False Self (1960 ) in The Maturational Processes and the Facilitating Environment.](http://www.pep-web.org/document.php?id=ipl.064.0001a) Pp140-153 (PEP)

Winnicott, D.W. (1956). On Transference. Int. J. Psycho-Anal., 37:386-388.(PEP)

Winnicott, D.W. (1969). The Use of an Object. Int. J. Psycho-Anal., 50:711-716.(PEP)

Week 4: (Interpersonal)

Greenberg, J. and Mitchell, S. (1983) *Object Relations in Psychoanalytic Theory* (Chapter 4,, Interpersonal Psychoanalysis) Harvard University Press.

Week 5 (Interpersonal)

Levenson, Edgar, “The pursuit of the Particular: On the Psychoanalytic Inquiry” Contemporary Psychoanalysis, 24, pp1-16. (PEP)

Hoffman, I. (1983), The Patient as Interpreter of the Analyst’s Experience. Contemporary Psychoanalysis, 19, 389-422. (PEP)

Week 6: (Relational)

Mitchell, S. (1999) What does the Patient Need? A Revolution in Theory. Pp13-39. *Hope and Dread in Psychoanalysis.*

Aron, L. (1991) Patient’s Experience of the Analyst’s Subjectivity, *Psychoanalytic Dialogues.* 29-51. (PEP)

Week 7: (Object Relations/Modern)

Ogden, T.H. (1982) The Concept of Projective Identification. In T. H. Ogden, *Projective Identification and Psychotherapeutic Technique,* Ch. 2, pp. 11-39. Jason Aronson Inc., Northvale, NJ

Ogden, T.H. (1982 ) Issues of Technique. In T. H. Ogden, *Projective Identification and Psychotherapeutic Technique,* Ch. 3, pp. 39-75. Jason Aronson Inc., Northvale, NJ

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| [Margolis, B.D. (1978). Narcissistic Countertransference: Emotional Availability and Case Management. Mod. Psychoanal., 3:133-151.](http://www.pep-web.org/document.php?id=mpsa.003.0133a&type=hitlist&num=21&query=zone1%2Cparagraphs%7Czone2%2Cparagraphs%7Cauthor%2CMargolis%2C+B.D.%7Cauthorexact%2C1#hit1) |

Week 8: (Object Relations/Modern/Interpersonal)

Epstein, L. (2008) Some Implications of Conducting Psychoanalysis as a Talking Cure. *Contemporary Psychoanalysis,* 44:377-391. (PEP)

Week 9: ( Enactment)

Jacobs, T. in Ellman, S. and Moskowitz, M Eds.(1998) *Enactment: Toward a New Approach to the Therapeutic Relationship* (Chapter 5, On Countertransference Enactments.) Jason Aronson.

Helm, F. in Ellman, S. and Moskowitz, M Eds.(1998) *Enactment: Toward a New Approach to the Therapeutic Relationship* (Chapter 12, Enactments Leading to Insight for Patient, Therapist, and Supervisor.) Jason Aronson.

Week 10: (Dreams)

Bonime, W. (1969). The Use of Dreams in the Therapeutic Engagement of Patients. Contemp. Psychoanal., 6:13-30. (PEP).

[Bromberg, P.M. (2000). Bringing in the Dreamer: Some Reflections On Dreamwork, Surprise, And Analytic Process\*. Contemp. Psychoanal., 36:685-705.](http://www.pep-web.org/document.php?id=cps.036.0685a&type=hitlist&num=0&query=zone1%3Dparagraphs%26zone2%3Dparagraphs%26title%3Dbringing%2Bin%2Bthe%2Bdreamer%26sort%3Dauthor%252Ca#hit1)  (PEP)

Week 11:

Conclusion, catch up, discussion of usefulness of class and concepts.